

9 July 2017 – Fifth Sunday after Pentecost.

Readings: Zechariah 9:9–12; Psalm 145:8–14; Romans 7:15–25a; Matthew 11:16–19, 25–30. **Theme: *Rest* – Matthew 11:28**, “Come to me, all who labour and are heavy laden, and I will give you rest.”

INTRO: *My generation. The Sibling Society.* Timothy Keller. Jesus.



I. COME to Jesus.

Matthew 11:28, “Come to me, all who labour and are heavy laden, and I will give you rest (*rest you*).” The first command: Do nothing.

Psalm 23:1-2, “The Lord is my shepherd; I shall not want. **He makes me lie down** in green pastures...”

Mark 3:14, “He appointed twelve so that they might **be with him**...”



II. JOIN with Jesus/Let Jesus join with you.

A. Look at your hands. You’re NOT the Saviour.

B. Look at His hands. He IS the Saviour.

C. Hold His hand. Mt. 11:29, “Take my yoke upon you...”



III. LEARN from Jesus. Matthew 11:29, “and learn from me.”

A. He is gentle/meek (teachable) and humble. “Easy to please.”

B. His yoke is easy/comfortable; his burden light. Custom made.

John 5:19, “Very truly I tell you, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does.” Cf. The need is NOT the call.

Matthew 11:28-30(MSG), “Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay

anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."Barclay.

CONCLUSION: Zechariah 9:12, "Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double."
Rest of God is a rest-oration; rest is also a weapon. God give us both!!