

BodyBuilders
18 March 2018 – Fifth Sunday in Lent

Share:

- *Do you tend to learn things the easy or hard way?*
- *Can you give an example?*



Readings: Jeremiah 31:31–34; Hebrews 5:5–10; John 12:20–33.

Theme: *Learning to obey* – **Hebrews 5:8**, “Although he was a son, he learned obedience.”

Talk/Reflect:

- How did Jesus learn to obey (Hebrews 5:8)?
- What does the new covenant promise, “they shall all know me” mean (Jeremiah 31:34)?
- What are the implication of knowing God for our natural life (John 12:24)?
How does this correspond to baptism (Romans 6:3-4)?
- What is our new identity in Christ (Jeremiah 31:34; 1 Peter 2:9)?
How is this possible? What does it mean?
- How do we progress in obedience (Philippians 3:13-14)? Can you give an example?
- Why is there pain and suffering in following Jesus (John 15:20)?
- What is evidence that we have learned the “basics” (Hebrews 5:11-12)?



Pray:

- *That we would reckon ourselves dead (Romans 6:11).*
- *That we would better know our new life and true identity in Christ.*
- *That we would grow in our obedience and bearing of much fruit.*

**Bless each other by reading Psalm 51:1–12.
Create in Me a Clean Heart, O God.**

To the choirmaster. A Psalm of David, when Nathan the prophet went to him, after he had gone in to Bathsheba.

51 Have mercy on me, O God,
according to your steadfast love;
**according to your abundant mercy
blot out my transgressions.**

²Wash me thoroughly from my iniquity,
and cleanse me from my sin!

³For I know my transgressions,
and my sin is ever before me.

- ⁴ Against you, you only, have I sinned
and done what is evil in your sight,
**so that you may be justified in your words
and blameless in your judgment.**
- ⁵ Behold, I was brought forth in iniquity,
and in sin did my mother conceive me.
- ⁶ Behold, you delight in truth in the inward being,
and you teach me wisdom in the secret heart.
- ⁷ Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
- ⁸ Let me hear joy and gladness;
let the bones that you have broken rejoice.
- ⁹ Hide your face from my sins,
and blot out all my iniquities.
- ¹⁰ Create in me a clean heart, O God,
and renew a right spirit within me.
- ¹¹ Cast me not away from your presence,
and take not your Holy Spirit from me.
- ¹² Restore to me the joy of your salvation,
and uphold me with a willing spirit.